



# STONEWALL CITIZENS' PATROL

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**April 3, 2020**

**To: All SCP Volunteers**

**From: Sean Redmond, Executive Director**

**Re: Current SCP Policy, Guidance, and (\*) Operating Procedures, Coronavirus Disease (COVID-19)**

In accordance with the directive from Governor Newsom, and guidance from the Centers for Disease Control and Prevention (CDC), Health and Human Services Agency San Diego County (HHS), and the California Department of Public Health (CDPH), Stonewall Citizens' Patrol will update this Policy, Guidance, and Operating Procedures regularly. All updates will be marked by an (\*).

## **Current understanding of COVID-19**

- Symptoms most commonly include fever with cough or shortness of breath; Headache, sore throat, and runny nose also may occur. Some people have fewer or no symptoms at all.
- Younger people may also have fewer symptoms with no fever, along with mild diarrhea, and vomiting.
- Spread is most likely from droplets, such as from coughing and sneezing.
- The CDC considers this a serious public health threat.
- Symptoms of COVID-19 may appear in as little as 2 days, or as long as 14 days after exposure.
- Most people with COVID-19 will recover on their own. There is currently no specific treatment for COVID-19.
- For people who are more severely ill, hospitals can provide supportive care.

## **What is SCP doing?**

Stonewall Citizens' Patrol leadership continues to follow (\*) directives, CDC guidance, as well as guidance from the public health department at the State and County levels to keep our volunteers safe and healthy.

### **BOARD OF DIRECTORS**

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FEIN: 27-0387193

## Current SCP policy and operating procedures

- **(\*) All patrol functions (in accordance with the California Stay at Home directive) have been suspended until further notice.**
- **(\*) Previous SCP policy will remain in effect after the California Stay at Home directive has been lifted.**
- All volunteers with respiratory symptoms or fever (>100 F / > 37.8 C) should remain home (from all SCP patrols and activities) until they have not had a fever for 24 hours, without fever medication, and respiratory symptoms are gone.
- Volunteers who are present at an SCP patrol or activity with a fever and/or symptom of a respiratory infection will be sent home, and:
  - o Until the person leaves the activity, a surgical mask on that volunteer may be used if available.
  - o If possible, keep the volunteer isolated or try to keep a minimum 6 feet distance between the volunteers and others.
  - o The senior volunteer at the activity notifies the President and Executive Director as soon as possible. If the senior volunteer is the volunteer with symptoms, the next senior volunteer will make this notification.
- Exclude any volunteer who has had a travel history over the course of the last 14 days to an area identified by the CDC as Level 3 Travel Health Notice. This list can be found at: <https://wwwnc.cdc.gov/travel/notices>
  - o Exclude these volunteers from patrols and activities for 14 days, beginning the day they departed any Level 3 areas identified on the CDC website.
  - o These volunteers should stay at home and limit contact with anyone outside the home.
- Healthy volunteers of a household who did not travel, but where someone else in the household did travel to a CDC Level 3 area, are not required to stay away from patrol and activities as long as all members of that household are healthy to include no new respiratory symptoms and no fever.
- Volunteers who have visited a Level 3 area within the past two weeks should be advised to call their doctor for instructions if they have a fever with either a cough or shortness of breath.
- Volunteers will not be excluded from any patrols or activities based on race or country of origin.
- A volunteer who has been in close contact with a person with a laboratory confirmed case COVID-19 over the past two weeks will be excluded from patrols and activities until cleared by the local public health department.
- If any volunteer is suspected to have COVID-19 (ie: becomes a County Health Department 'patient under investigation' or PUI), the SCP leadership will work with public health authorities to collaborate with that volunteer's own physician to guide further restrictions and public notifications.

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- As a reminder, all volunteer health information is confidential and cannot be shared with other volunteers. Confidential health information can be shared with the President, Executive Director and with the HHSA.
- When a confirmed COVID-19 case is reported, the President and Executive Director will make any necessary notifications to the SCP volunteers that may be affected.
- Any COVID-19 notifications to the SCP volunteers will come from the President and Executive Director and be done in consultation with HHSA.

### **Basic prevention of COVID-19 spread**

- **(\*) Previous SCP basic prevention of COVID-19 will remain in effective after California Stay at Home directive has been lifted.**
- Ensure you and your family members are up to date with the current flu shots.
- Promote basic hygiene:
  - o Any coughing or sneezing should be directed into one's sleeve, rather than into hands or the air.
  - o Wash hands after using and handling used tissues, after blowing your nose, before/after eating, and after toilet use.
  - o Wash for 20 seconds with soap, rub between your fingers and under the nails, then rinse and dry. Use alcohol (60%+) hand gel if sinks are not readily available.
  - o Avoid rubbing your own eyes, nose, and mouth.
  - o All volunteers should encourage hand washing by all other volunteers, schedule time for handwashing, and use any available sanitation supplies if available. Handwashing is considered the best protection from infectious diseases.
  - o Do not share utensils, cups, and straws.
  - o Stay home when sick.
  - o **(\*) Wearing of masks is optional in public when not required/recommended by the CDC, CDPH, or HHSA.**
  - o Consider using telehealth options, such as calling, emailing, or videoing with your healthcare provider before visiting a medical facility if you believe you have symptoms of COVID-19.

### **(\*) SCP plans to address COVID-19 spreading locally**

**Stonewall Citizens' Patrol will follow all directives to reduce exposure among volunteers. It is the CDC, CDPH and HHSA that decide on quarantines, travel restrictions, and other local exclusion policy.**

### **Travel**

Stonewall Citizens' Patrol volunteers should check <https://wwwnc.cdc.gov/travel/notices> before traveling outside the San Diego area.

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**(\*) New operating policies will follow in the coming days regarding patrol procedures during the California Stay at Home directive. These policies will follow our mission, vision, and core values in a revised role and allow patrol volunteers to stay engaged with our organization's founding principles to be the extra set of 'eyes and ears' for our community.**

The above updated information and response are to ensure our organization and volunteers stay healthy and informed. Your Board of Directors and I value your time and effort, and we are dedicated to assisting you, your family, and community through this public health matter. If you have any questions, concerns, or need verification, please don't not hesitate to reach out to me at [sredmond@stonewallcitizens.org](mailto:sredmond@stonewallcitizens.org), or text/call 619-990-5510.

Respectfully,

A handwritten signature in black ink, appearing to read 'SR', followed by a period.

Sean Redmond  
Executive Director

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